



BUNNINGS

KIDS AT HOME ACTIVITY BOOKLET



GLOVE GREENHOUSE



AIM:

Give kids the opportunity to start the cycle of a vegetable garden and observe seeds germinating

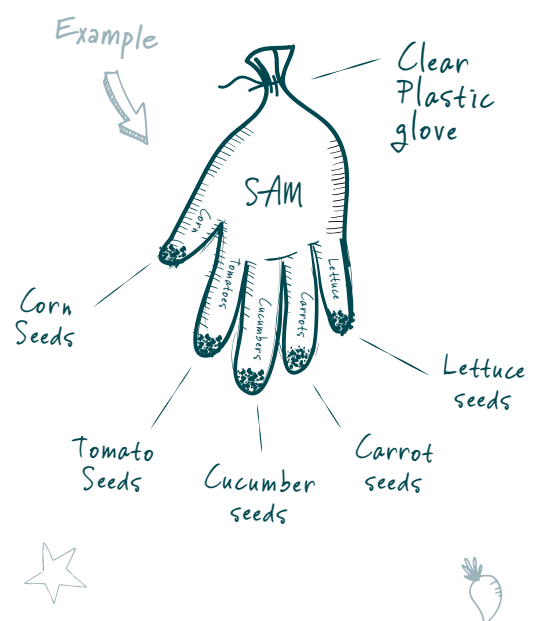
MATERIALS:

- Clear plastic glove (you can reuse an old plastic glove if you have one)
- 5 cotton balls
- 5 types of seeds, 3-4 seeds of each (examples: lettuce, carrot, cucumber, tomato, corn, peas)
- Pencil
- Water
- Permanent marker
- Twist ties or pipe cleaners
- Water spray bottle



PROCESS:

1. Write your name on your clear plastic glove
2. Wet five cotton balls and wring them out to remove the excess water
3. Place 3-4 seeds of the same type in each cotton ball. To keep track of which seed is in which finger, write the seed type on each finger of the glove, using a permanent marker.
4. Place a cotton ball with the seeds attached into each finger of the glove. You can use a pencil to push the cotton ball all the way to the end of the glove fingers
5. Once the seeded cotton balls are placed blow up the plastic glove with your mouth and close it by using a twist tie or pipe cleaner
6. Tape the glove to a window, chalkboard, wall or indoor clothes line
7. Leave to germinate on its own for 3-5 days
8. After the seeds have been in the glove for 1 ½ to 2 weeks cut the tips off the gloves and transfer the cotton ball and small plants that have grown into a pot of soil or sphagnum moss.





SPROUT HOUSE



AIM:

Give kids the opportunity to start the cycle of a vegetable garden and observe seeds germinating

MATERIALS:

- Ziploc bag (you can reuse an old Ziploc bag if you have one)
- 5 cotton balls
- Seeds – you can presoak seeds the day before to speed up the germination process
- Water spray bottle
- Water
- Pre-cut 'Sprout House' template (optional)
- Observation worksheet
- Decorating utensils

PROCESS:

1. Decorate and write your name on your 'Sprout House' print out (see template attached)
2. Wet five cotton balls and wring them out to remove the excess water
3. Put one seed on each of the five cotton balls and place them inside the open Ziploc bag
4. Tape the sides of the Ziploc bag to the back of your decorated sprout house. Make sure the bag stays open while its being taped
5. Once secure, tape the sprout house to a window, chalkboard or a wall where it will be exposed to sunlight
6. Leave to germinate on its own for 3-5 days
7. Water your sprout house daily with a spray bottle and record it's growth on the worksheet

Materials



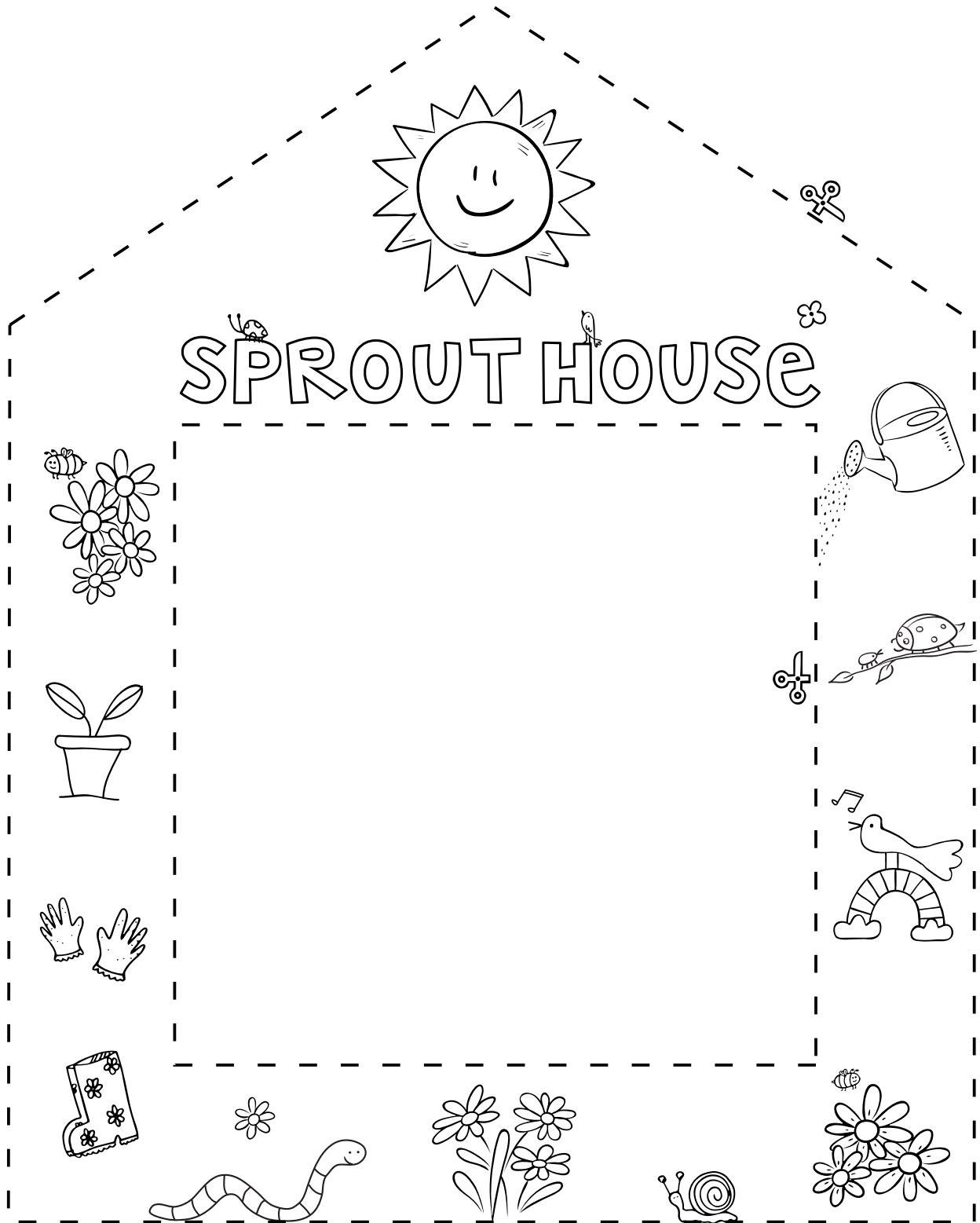
Finished sprout house



FOR MORE ACTIVITIES
SCAN THIS QR CODE
WITH YOUR PHONE



My Little Sprout House



WATCH YOUR PLANTS GROW



Once you have completed your planting download your own "I'm growing my own seeds" certificate from our kids resources section on the Bunnings website using this QR Code.



NUMBER OF DAYS

21					
20					
19					
18					
17					
16					
15					
14					
13					
12					
11					
10					
9					
8					
7					
6					
5					
4					
3					
2					
1					

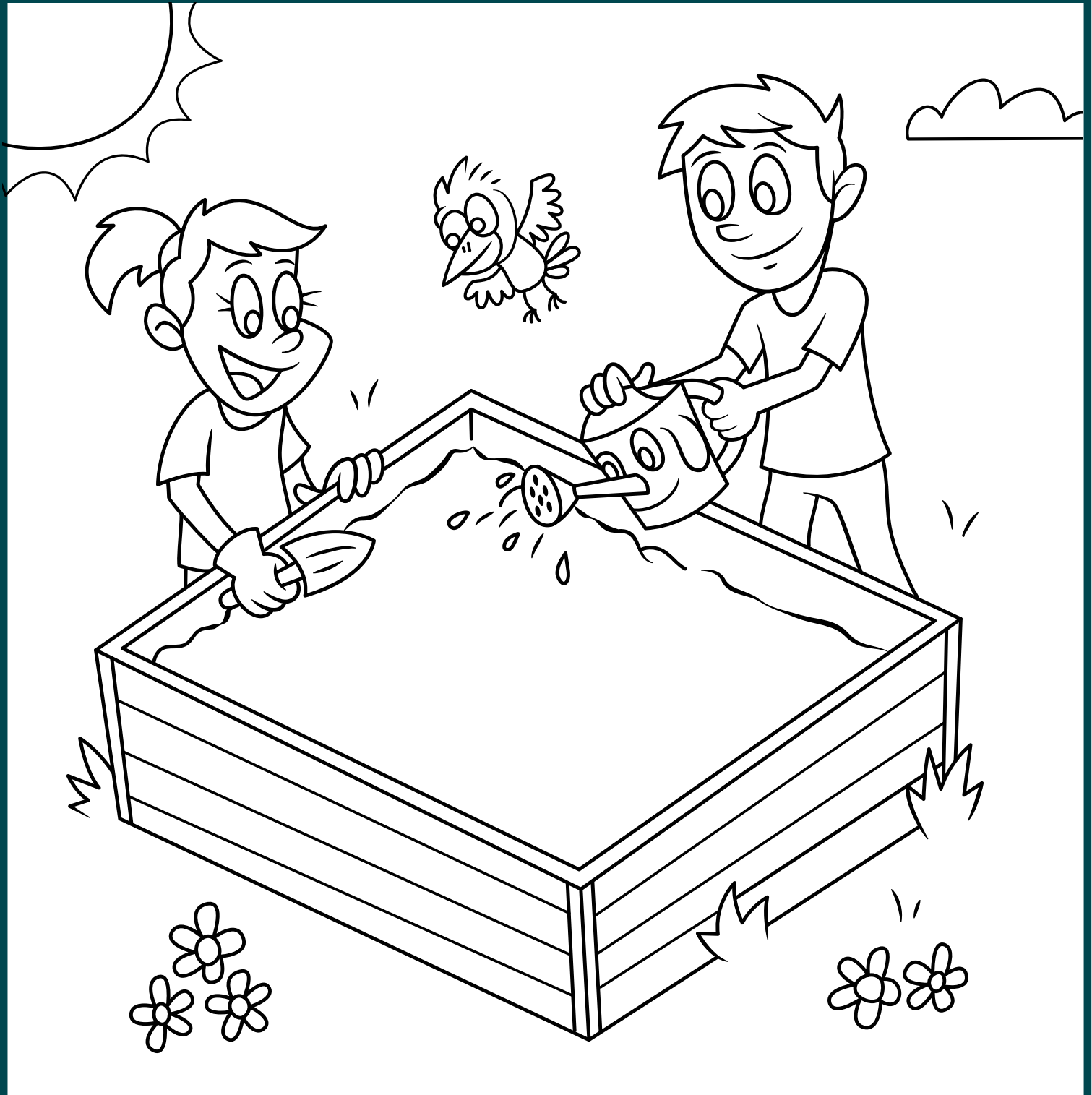
SEED TYPE

Instructions:

- On this worksheet there are 5 spaces at the bottom where you can write the type of seeds you have planted. Along the side there are numbers to represent the number of days.
- Each day colour in a box black after you have watered your seed.
- When your seed starts to sprout, you can change your coloring colour to green and colour in the box on the day your seeds sprout.
- This will help you see how many days it took for each seed to sprout and start growing.

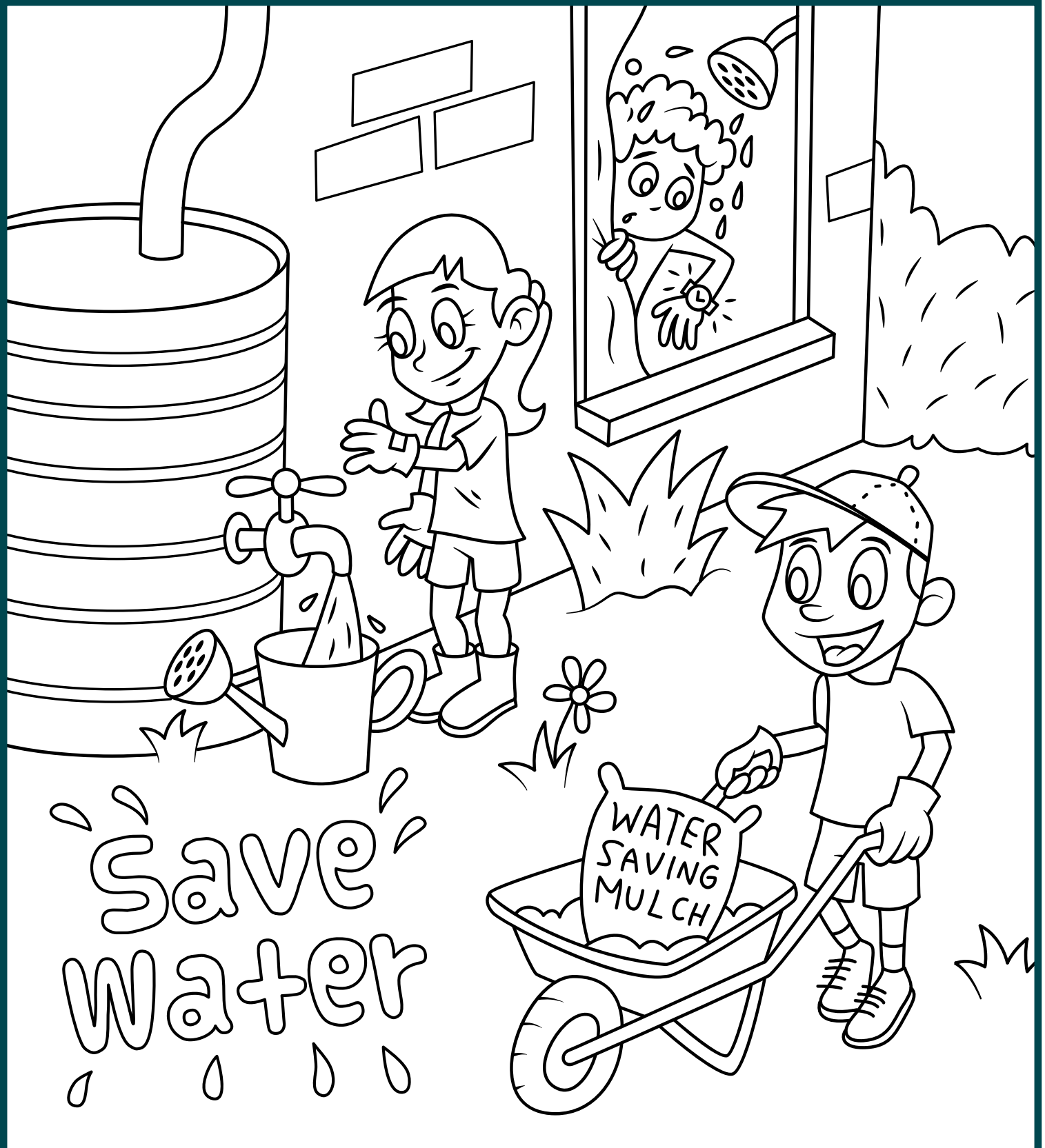


DRAW YOUR OWN GARDEN



DRAW YOUR OWN VEGETABLES IN THE GARDEN PATCH ABOVE AND LIST THEM BELOW: 





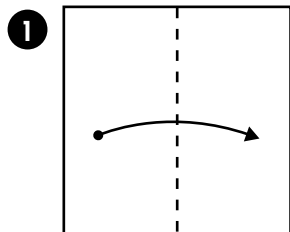
WHAT OTHER WATER SAVING IDEAS CAN YOU THINK OF?

NAME 3 AND THEN COLOUR IN THE SCENE ABOVE.

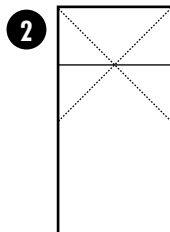
- 1) _____
- 2) _____
- 3) _____



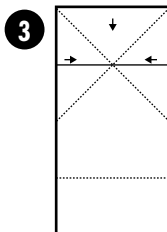
HOW TO MAKE AN ORIGAMI FROG:



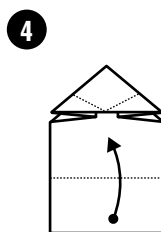
Fold sheet in half so lines are on outside



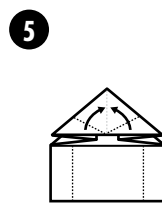
Crease dashed lines forward and solid line backwards



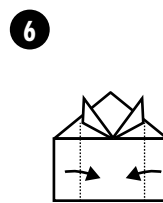
Fold top part down along creased lines



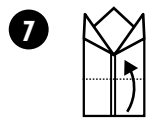
Fold lower part in half



Fold tips to form feet



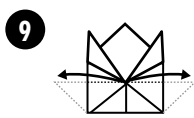
Fold sides in to middle



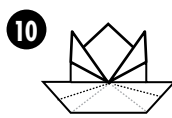
Fold lower part in half



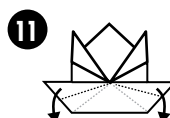
Fold corners to centre



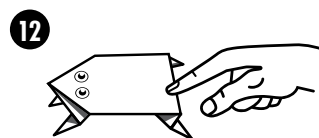
Pull toe corners to side to separate layers



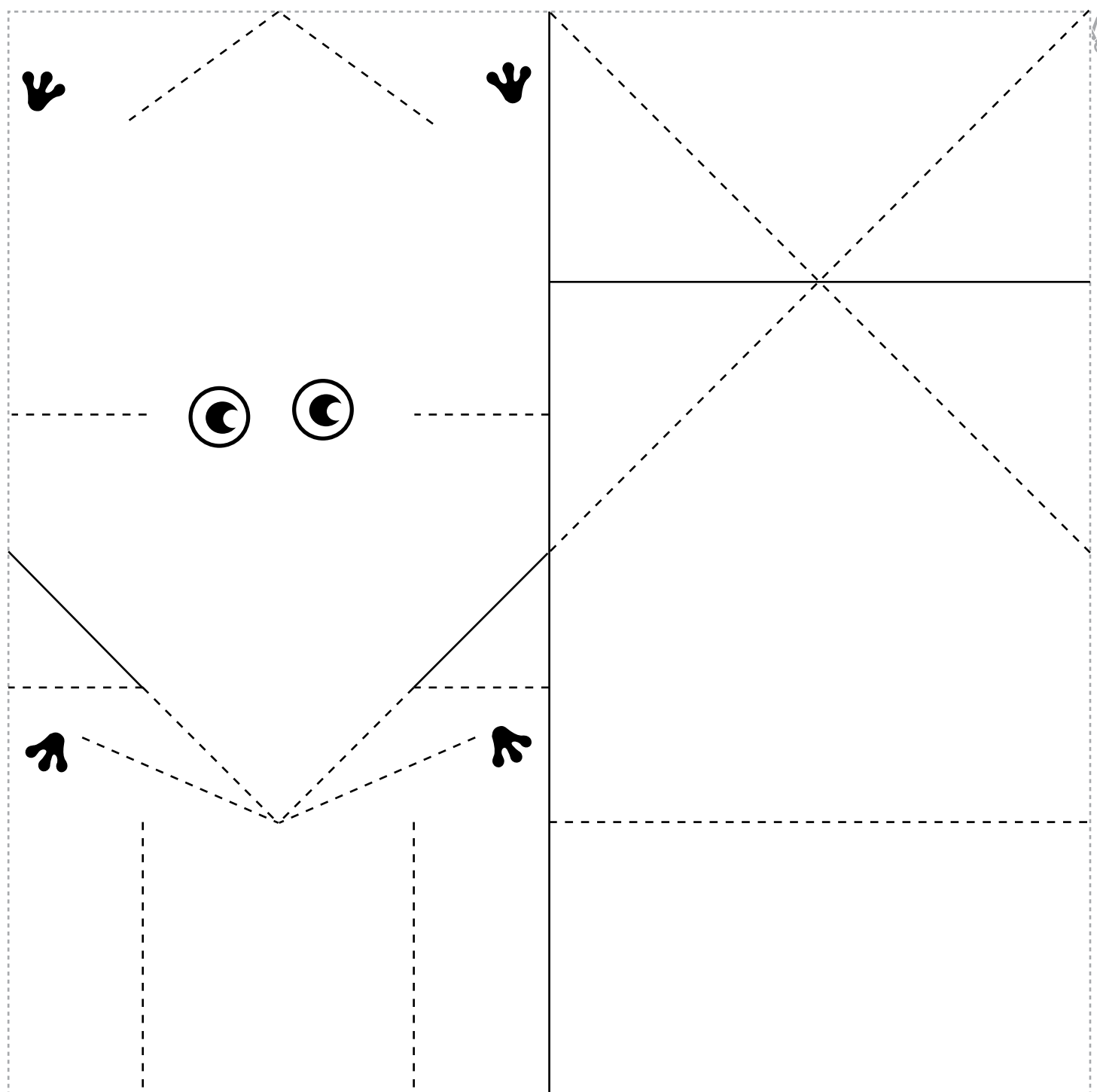
Press flat to form boat shape in bottom part



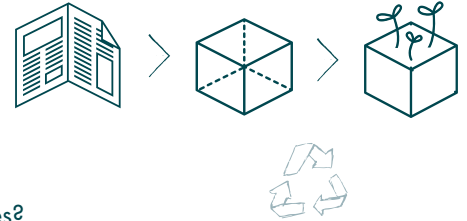
Fold tips to form feet



Turn over and press the rear section to hop!

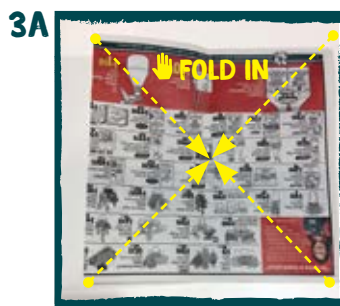


RECYCLED CATALOGUE ORIGAMI SEEDLING POTS



Did you know you can make origami seedling pots from left over Bunnings catalogues? They are a great biodegradable option to grow your own seedlings in. You can use outdated Bunnings catalogues to build the pots by following the origami instructions and pictures below.

1. Remove the staples from the spine of the Bunnings catalogue and take a single sheet. Cut the sheet in half along the natural crease to form a square.
2. To make sure the square is even fold your sheet diagonally and trim off the excess paper (see figure 2).
3. Fold your sheet diagonally the opposite way to create a centre point and fold each corner so that the points meet in the centre (see figures 3A & 3B).
4. Fold each corner again so that each corner meets in the centre.
5. Next fold your sheet into thirds vertically and then open it up and fold into thirds horizontally. Make sure you press the creases firmly.
6. Open the top flap and fold the corners in over each other to create the side of your seedling pot. Then fold the paper over the top of the side and into the middle of your pot to secure it (see figures 6A & 6B).
7. Repeat step six for the side remaining.
8. Ta-da! Now you have a catalogue seedling pot!



FINISHED POT! 😊

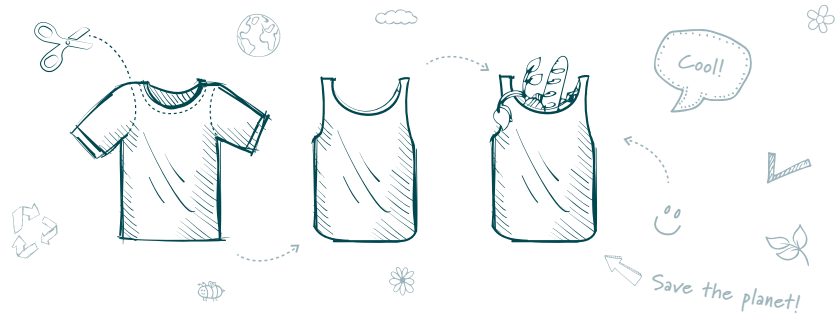


When your catalogue pot is complete fill them with potting soil, leaving a little bit of room at the top. Place your seedling into the soil, cover the seed and spray it with some water. Let the seedling germinate by placing it in a warm, well-lit area and make sure you water your seedling daily.

When the seedlings are ready place the pot and seedling into the ground still in its pot and the paper will biodegrade.



REUSABLE T-SHIRT BAG



TURN AN OLD T-SHIRT YOU DON'T WEAR ANYMORE INTO A T-SHIRT BAG BY FOLLOWING THE STEPS BELOW. WHAT A FUN RECYCLING ACTIVITY!



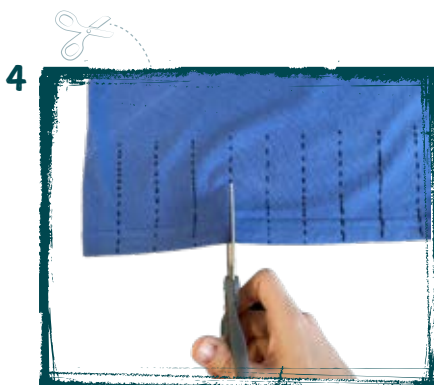
Mark cut lines along the sleeves and around the neck line.



Cut the sleeves and neck line off your shirt to form the bag straps.



Mark vertical incisions along the bottom of the shirt approx 10cm long.



Cut the vertical incisions. You may need to get a parent to help you with this part.



You will end up have a row of tassled strips along the bottom.



Tie the opposing strips together to form the base of the bag



Turn your bag inside out



**JUST LIKE THAT YOU
HAVE CREATED YOUR OWN
REUSABLE BAG!**

**YOU CAN EVEN DECORATE
IT IF YOU LIKE BY SEWING
OTHER PIECES OF MATERIAL
ONTO IT (DO THAT BEFORE
STEP 6)**



A man with a shaved head, smiling, wearing a red and black plaid button-down shirt with the sleeves rolled up. He has his hands on his hips. To his left is a simple line drawing of a mitten. To his right is a simple line drawing of a gift box with a bow. The background is white.

Makes: 18

- 1 ¼ cups self-raising flour
- 1 ½ tsp mixed spice
- 1 cup dark brown sugar
- ¾ cup apple sauce
- ¼ cup canola oil
- 2 eggs
- 3 tsp natural vanilla extract
- 2 cups finely shredded carrots
(from approx. 5 carrots)
- ½ cup pumpkinseeds,
chopped very finely
- 250g cream cheese, at room
temperature
- 125g unsalted butter, at room
temperature
- 2 cups icing sugar, sifted



1. Preheat oven to 180°C. Sift the flour and spice into a large bowl, then mix in the brown sugar, apple sauce, canola oil, eggs and half the vanilla. Beat until smooth, then fold in the carrots and pepitas.
2. Spoon into lined ½-cup muffin moulds then bake for 20-22 minutes, until a skewer can be inserted and removed cleanly. Allow to cool.
3. Combine the cream cheese, butter, icing sugar and the remaining vanilla in the bowl of an electric mixer, then beat on medium speed with a paddle attachment for 10 minutes, until light. Pipe onto cupcakes.



GET COOKING WITH FAST ED

ROASTED PUMPKIN AND MAPLE SYRUP SCONES

Preparation time: 15 minutes

Cooking time: 22 minutes

Makes: 12

INGREDIENTS:

500g pumpkin, peeled and diced
1 Tbsp extra virgin olive oil
3 cups self-raising flour
1 tsp baking powder
½ tsp ground nutmeg
¼ tsp fine salt
75g cold unsalted butter, grated
½ cup buttermilk
¼ cup maple syrup



INSTRUCTIONS:

1. Preheat oven to 220°C. Toss the pumpkin in extra virgin olive oil, arrange in an oven dish, then bake for 30-35 minutes, until golden and softened. Mash well, then set aside to cool. You should have 2 cups of mash.
2. Sift the flour, baking powder, nutmeg and salt into a large bowl, then add the butter and rub with fingertips until crumbly. Mix the pumpkin, buttermilk and maple syrup, then add to the flour mix and combine gently.
3. Flatten on a floured board, then cut into 12 scones. Arrange on a lined oven tray then bake for 18-22 minutes, until golden. Cool on a wire rack.



GET COOKING WITH FAST ED

CRISPY POTATO AND PARSNIP CAKES WITH SOUR CREAM



Preparation time: 15 mins

Cooking time: 15 mins

Makes: 24

INGREDIENTS:

- 3 large potatoes, peeled
- 1 parsnip, peeled
- ½ brown onion, peeled
- 2 cloves garlic, minced
- 3 egg yolks
- ¼ cup breadcrumbs
- sea salt flakes and freshly-ground black pepper
- canola oil, for frying
- sour cream and apple sauce, to serve



INSTRUCTIONS:

1. Grate the potatoes coarsely, then squeeze well to remove as much water as possible into a bowl. Allow the liquid to settle for 3 minutes, then strain off the water, leaving the powdery solids in the bowl.
2. Add the potato to the bowl, then grate in the parsnip and onion as well. Mix well, then stir in the garlic, yolks and breadcrumbs. Season with salt and pepper then form into 24 cakes.
3. Fry in hot canola oil in a pan over a moderate heat for 3 minutes each side, until golden, then drain on kitchen paper. Serve hot with applesauce and sour cream.

